



Pre & Post Treatment Instructions Laser Tattoo Removal

BEFORE your laser treatment:

- No sun exposure, tanning beds or sunless tanning cream for 4 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post treatment complications.
- Use a broad-spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Remove all makeup, creams or oils prior to treatment.

AFTER your Tattoo Removal Treatment:

- After cleansing and while skin is still moist, apply a thin layer of Aquaphor ointment to the treated tattoo.
- Apply a non-stick pad over the tattoo until it is healed.
- Avoid sun exposure to the treated area. Use a broad-spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun. It is recommended to make this a part of your skin care routine. **Dr. Lynch recommends SkinBetter Science SunBetter Advanced Mineral Protection sunscreen.**
- Clean the area daily with mild soap and water and pat dry.
- Do not rub or scratch the area.
- If a blistering occurs, keep the area moist by applying Aquaphor 3 times per day or antibiotic ointment per Dr. Lynch's recommendation.
- Do not enter swimming pools or hot tubs until treated areas are completely healed.

Any questions/ concerns – call our office at 480-800-8346

